



Kursübersicht ab 15. August 2022

| | AquaFitness Bütschwil | AquaFitness Nesslau | AquaFitness Aadorf |
|-------------------|--|--|-----------------------|
| Montag | 16:45 AquaFit Ruth od. 17:45 AquaFit Patricia 18:45 AquaFit 19:45 AquaFit | 17:00 AquaFit Franzi | |
| Dienstag | | 18:15 AquaFit Ruth od. 19:15 AquaFit Patricia | |
| Mittwoch | | 18:00 AquaFit Franzi 19:00 AquaFit Franzi | |
| Donnerstag | 19:30 AquaFit Patricia / 20:30 AquaFit Adriana | | |
| Freitag | | 11:15 AquaGym Ruth 12:05 AquaGym Ruth 18:00 AquaFit Ruth od 19:00 AquaFit Petra | |